

**REPORT ON IAP-BLS MASS AWARENESS
PROGRAMME SANJEEVANI**

EACH ONE CAN SAVE LIFE

DATE OF THE PROGRAM: 03/09/2022

ORGANIZED BY

KALYANI MAHAVIDYALAYA

IN COLLABORATION WITH

***NADIA ACADEMY OF PAEDIATRICS(INDIAN ACADEMY OF
PAEDIATRICS, NADIA BRANCH)AND THE HEALTH CENTRE
SUBCOMMITTEE IN COLLABORATION WITH IAP BLS CPR
CENTRE, AIIMS KALYANI.***

Introduction:

In the words DrDigant Shastri, ex national president of IAP

“it is important that every member of the society be trained in BLS and CPR for all of us to feel safe and secure in the event of sudden Cardiac arrest”.

This program is jointly organised with IAP (Nadia Branch), an internationally recognised professional body in collaboration with AIIMS, an institute of national importance. Kalyani Mahavidyalaya organised a Basic Life Support (BLS) program aimed at equipping its students and teaching staff with essential lifesaving skills.

Recent Data shows that

- sudden cardiac arrest and consequent death is a major worldwide public health problem.
- in India it is usually reported in 10 % of all deaths
- an old estimate showed that above 7 lakh death occurs annually in India due to cardiac arrest
- 85 % of such incidents were witnessed at home

But, unfortunately. A 2021 study showed that less than 2% of India’s population are aware of this life saving techniqueCPR.

Objectives:

1. To educate participants about basic lifesaving techniques such as CPR (Cardiopulmonary Resuscitation) and first aid.
2. To enhance participants' confidence in responding to medical emergencies on campus and in their communities.
3. To promote a culture of safety and preparedness within the community.

Program Overview:

The BLS program lasted for 1 day and included both theoretical sessions and hands-on training. The curriculum covered topics such as:

- Recognizing cardiac arrest and other medical emergencies.
- Performing CPR on adults, children.
- Using automated external defibrillators (AEDs) effectively.
- Managing choking incidents.

Implementation:

The program was facilitated by certified instructors from IAP BLS CPR Centre, AIIMS Kalyani. Sessions were conducted in Room no 306 of Kalyani Mahavidyalaya, equipped with necessary training materials and mannequins for practical exercises.

Participants were divided into small groups to ensure personalised attention and optimal learning.

Participant Engagement:

The BLS program saw enthusiastic participation from both students and teaching staff. Interactive sessions, demonstrations, and scenario-based simulations kept participants engaged and facilitated active learning. Participants demonstrated a strong commitment to mastering the skills taught during the program.

Outcomes:

By the conclusion of the program, participants exhibited a significant improvement in their understanding and proficiency in basic life saving techniques. Post-training evaluations indicated high levels of satisfaction and confidence among participants in their ability to respond to emergencies effectively. Certificates were given to the participants after successful completion of the hands-on training.

Conclusion:

The BLS program organised by Kalyani Mahavidyalaya proved to be a resounding success, fulfilling its objectives of imparting essential lifesaving skills and fostering a culture of safety and preparedness within the college community. Moving forward, the college intends to integrate BLS training as part of its ongoing efforts to promote student and staff well-being.

This report highlights the invaluable contribution of the BLS program in enhancing the safety and resilience of Kalyani Mahavidyalaya.



IAP - BLS Mass Awareness Programme
Sanjeevani
EACH ONE CAN SAVE LIFE

Organised by
HEALTH CENTRE
Kalyani Mahavidyalaya

Under the auspices of
IAP-Nadia Branch & IAP CPR Centre
CSSC, MEU, AIIMS KALYANI

Chief Guest
Prof (Dr.) Ramji Singh
 Director, AIIMS, Kalyani

Date | 3rd September, 2022
 9 am onwards

Venue | **ROOM NO. 306**
 Kalyani Mahavidyalaya




