"Thalassemia Screening Camp (Life Skill)."



Organized by The Health Centre of Kalyani Mahavidyalaya In collaboration with Ranaghat Sub-Divisional Hospital

Date: 27.03.2023

Venue: Kalyani Mahavidyalaya

Report on Thalassemia Screening Camp (Life Skill)

Introduction

The Health Centre of Kalyani Mahavidyalaya, in collaboration with Ranaghat Sub-Divisional Hospital, recently organized a specialized program titled "Thalassemia Screening Camp (Life Skill)." This initiative was aimed at raising awareness about thalassemia and equipping both Honours and Program course students with essential life skills related to this genetic blood disorder.

Objective

The primary objective of the Thalassemia Screening Camp was to:

1. Educate students about thalassemia, its causes, and its impact on individuals and families.

2. Provide practical training on the screening process and interpretation of results.

3. Encourage students to spread awareness and contribute to thalassemia prevention in their communities.

Program Overview

The camp was held at Kalyani Mahavidyalaya Health Centre in collaboration with Ranaghat Sub-Divisional Hospital 27.03.2023 at Kalyani Mahavidyalaya campus

The program was designed for both Honours and Program course students. The screening camp was conducted for one day.

Activities and Sessions

- 1. Overview of Thalassemia: A comprehensive session on the nature of thalassemia, its types, symptoms, and genetic inheritance.
- 2. Prevention and Management: Information on preventive measures, including genetic counseling, and the management of thalassemia patients.

Screening Procedures

Hands-on training on how to conduct thalassemia screening tests, including blood tests and interpretation of results.

Analysis of case studies to understand real-life scenarios and decision-making processes related to thalassemia.

Interactive Sessions:

Q&A with Experts: A session where students could ask questions and engage with medical professionals from Ranaghat Sub-Divisional Hospital.

Facilitated discussions on the role of students in promoting thalassemia awareness and prevention.

Outcomes

Increased Awareness: Participants gained a deeper understanding of thalassemia, which will enable them to educate others and contribute to preventive efforts.

Enhanced Skills: Students acquired practical skills in screening and interpreting test results, which are valuable in both personal and professional contexts.

<u>Community Engagement:</u> The camp fostered a sense of responsibility among students to actively participate in health initiatives and community service.

Feedback

The feedback from participants was overwhelmingly positive. Students appreciated the practical approach of the program and the opportunity to interact with healthcare professionals. Many expressed a newfound commitment to raising awareness about thalassemia in their communities.

Conclusion

The Thalassemia Screening Camp was a successful endeavour that met its objectives of educating and empowering students. The collaborative effort between Kalyani Mahavidyalaya and Ranaghat Sub-Divisional Hospital proved effective in delivering a valuable life skill to the participants. Such initiatives are crucial for enhancing public health awareness and preparing future generations to address health challenges proactively.

For further information or to get involved in similar programs, please contact the Health Centre at Kalyani Mahavidyalaya or Ranaghat Sub-Divisional Hospital.



Some photos of the program







